

## Zara Medical Aesthetics Botox Aftercare Instructions

Do NOT manipulate, lay down or bend over for 4 hours following treatment.

Do NOT receive facial/ laser treatments or microdermabrasion for at least 10 days.

Exercise the muscles that were injected for the first hour after injection

It can take approximately 4 to 7 days for the effects to be seen. Do not schedule any special events within 1 week of receiving Xeomin, especially if it is your first time.

If the desired result is not seen after 2 weeks of your treatment you may need additional Xeomin. You will be charged for product used during any touch-up or subsequent appointments.

If you develop any signs of infection at the site, i.e. swelling, redness, fever, please call Dr. Edwards immediately at 830-587-4888. If you develop symptoms of anaphylaxis please call 911